

Mooresville High School Competition Cheerleading

Competition Team – General Information

- The Mooresville High School Competition Cheer Team is comprised of members from the entire Pioneer Cheerleading Program, ranging from freshmen to seniors.
- The MHS Competition Cheer Season begins in April, just after tryouts, and lasts through November. The season will continue through February should the team qualify for National Competition.
- Coaches will determine the practice and competition schedule.
- Competition fees may apply as determined by school funds and depending on the progression of the season.

Competition Team – Expectations

- All members of the competition squad are expected to maintain a strong work ethic through practice and conditioning time.
- All MHS competition team members are to abide by the competition rules and regulations implemented by each organization the squad competes with.
- All members are expected to be respectful to anyone directing or assisting in competition practice, including a choreographer if one is being used.
- Exceptional sportsmanship is expected at all times.

Tryout Process – General Information

- The competition squad tryout process will be conducted in a manner similar to a clinic. All potential cheerleaders will be asked to show various tumbling skills in front of one another, and the rest of the tryout time will consist of stunting.
- All jumps, stunting, and tumbling skills will be calculated on a scoresheet based on difficulty, technique, and execution.
- The team selected will equal 'X' number of stunt groups (4 members), plus 1, 2, or 3 additional members.
 - Example: 3(4) = 12 + 1, 2, or 3 = 13, 14, or 15. 4(4) = 16 + 1, 2, or 3 = 17, 18, or 19, etc.
- Alternates may be selected, but there is no guarantee of participation in a competition. Alternates will be expected to learn the routine in a certain capacity (as a flyer, backspot, or base), and be ready to step in should a teammate become ill or injured.
- The goal is to select a team that demonstrates specific cheer skills as a whole, maintains a strong work ethic, has the ability to receive constructive criticism, and the will to work well together.

Tryout Process – Required Skills and Expectations

- Triple jump of varying combinations with great form and height
- Tumbling
 - Standing back-handspring*
 - Standing toe-touch back-handspring and/or connected multiple back-handsprings*
 - Standing back tuck ***
 - Additional variations are encouraged: Cartwheel tuck, back-handspring back tuck, and/or jump tuck
 - Round-off back-handspring or Round-off multiple back-handsprings*
 - Round-off back-handspring back tuck/Round-off tuck***
 - *Tumbling skills demonstrated at tryouts are expected to be maintained throughout the duration of the season, or dismissal from the team may result.*

(*Denotes a skill needed by the majority [50% + 1] of squad members.)**

(*Exceptions will only be made if the ability to execute choreographed stunting could be drastically changed by the addition of a non-tumbler.)

- Stunting
 - Each potential member will designate one stunting position that he or she will be trying out for, and upon selection, will maintain that position unless directed otherwise by the coaching staff.

Time Commitment – General Information

- Upon choosing to try out for the MHS competition squad, those selected are making a commitment that includes complete dedication to the team. This commitment consists of more practice time and conditioning time than sideline cheering.

Time Commitment – Expectations

- Each squad member is expected to attend ALL practices. Any absence from a mandatory event may result in change of routine position, removal from routine, or removal from team.
- The following events will be mandatory:
 - At least two practices a week beginning in April (Days/times will be determined closer to tryouts.)
 - At least three practices per week throughout the summer.
 - The only week off for competition cheerleaders will be the IHSAA designated week off for all Indiana High School Athletes – Moratorium Week (the week of Independence Day).
 - All summer fair competitions, including the Indiana State Fair, and any additional competitions that may be added.
 - All scheduled practices during the school year. (Days/times will be determined closer to that time of year.)
 - IASP State Preliminary, IASP State, Mid-State Conference, and National Qualifier competitions during the month of November, and any additional competitions that may be added.
 - Once practices are determined, they will only be adjusted because of a change in the Athletic Department schedule.

Finances – General Information

- Fundraising events will be conducted to help offset the expense of being a competitive member of the MHS Cheerleading Program, but each cheerleader will be responsible for all costs associated.
- Multiple group fundraisers will be conducted, in which the profit will be divided evenly amongst all team members.
- All competition team fundraising money earned by a cheerleader will be used to pay for her competition team bill, a separate sum from the sideline squad bill.
- Beginning in August and ending in January, \$100 will be due on the first of each month as a payment towards each competitive cheerleader's NHSCC balance. Should the competition team not qualify for National Competition, the out-of-pocket payments can either be applied to future cheer season balances, or refunded.
- Any fund-raised money not used will be applied to future competition seasons.

Finances – Expectations

- Each cheerleader must have a zero dollar balance by the end of the year or she will not be eligible to try out for the following year.
- If a member is removed from, or chooses to quit the squad, she is still responsible for payment of all items ordered for her use.

Performances – Expectations

- No nail polish is to be worn during a competition. Nails must be natural and of an appropriate length during all practices and performances – no longer than fingertip length.
- No jewelry of any kind is to be worn during practice or performances.
- *New piercings of any kind during competition season are not allowed.*
- All team members will wear the required competition uniform with matching hairstyle, bow, socks, and shoes.
- Team members will need to arrive to the high school between 2 and 2 1/2 hours before the bus leaves for any performance in order to stretch, warm-up/practice, and get ready as a team.